Introduction to the Watershed Reports

In 2001, the Massachusetts Estuaries Project (MEP) was established to evaluate the health of 89 coastal embayment ecosystems across southeastern Massachusetts. A collaboration between coastal communities, the Massachusetts Department of Environmental Protection (MassDEP), the School of Marine Science and Technology (SMAST) at the University of Massachusetts-Dartmouth, the US Environmental Protection Agency (US EPA), the United States Geological Survey (USGS), the Massachusetts Executive Office of Energy and Environmental Affairs (EEA), and the Cape Cod Commission, the purpose of the MEP is to identify nitrogen thresholds and necessary nutrient reductions to support healthy ecosystems.

The Cape Cod 208 Plan Update, certified and approved by the Governor of the Commonwealth of Massachusetts and the US EPA in 2015, provides an opportunity and a path forward to implement responsible plans for the restoration of the waters that define Cape Cod.

On Cape Cod there are 53 embayment watersheds with physical characteristics that make them susceptible to nitrogen impacts. In its 2003 report, “The Massachusetts Estuaries Project – Embayment Restoration and Guidance for Implementation Strategies”, MassDEP identifies the 46 Cape Cod embayments included in the
MEP. Thirty-three embayments studied to date require nitrogen reduction to achieve healthy ecosystem function. A Total Maximum Daily Load (TMDL) has been established (or a draft load has been identified and is under review) for these watersheds. For those embayments not studied, the 208 Plan Update recommends planning for a 25% reduction in nitrogen, as a placeholder, until information becomes available.

The 208 Plan Update directs Waste Treatment Management Agencies (WMAs) to develop watershed reports within 12 months of certification of the Plan Update. The Watershed Reports outline potential “bookend” scenarios for each watershed that include two scenarios to meet water quality goals in the watershed — a traditional scenario, which relies completely on the typical collection and centralized treatment of wastewater, and a non-traditional scenario, which uses remediation, restoration, and on-site reduction techniques to remove nutrients from raw and treated wastewater, groundwater and affected waterbodies.

The intent of the Watershed Reports is to outline two distinct approaches for addressing the nutrient problem. The reports are not intended to identify preferred and detailed plans for each watershed, but to facilitate discussions regarding effective and efficient solutions, particularly in watersheds shared by more than one town. In some cases, towns have provided information on collection areas and non-traditional technologies that have been specifically considered by that town.

The 208 Update developed a regionally consistent database of the nitrogen load entering each watershed. This data set includes estimates of wastewater, stormwater and fertilizer loads - similar to methodologies used by the MEP. Using this regionally consistent database, the Watershed MVP tool (wMVP) was developed so that different strategies (i.e., bookend scenarios) to reduce excess nitrogen load could be evaluated. The Watershed Reports use the MEP recommendations for the required nitrogen load reductions necessary to meet the threshold loads (that serve as the basis for nitrogen management), and then use the wMVP and the regionally consistent database values to develop bookend scenarios. There are variations of load between the MEP and wMVP, primarily due to differences in comparing older and newer databases.

**Terms Defined**

**Total nitrogen load:** the nitrogen load from the watershed contributed by septic, wastewater, fertilizer, stormwater, golf course, landfill, and natural sources.

**Attenuated nitrogen load:** the nitrogen load from the watershed that reaches the embayment after the effect of natural attenuation in wetlands, ponds or streams.

**Threshold:** the amount of nitrogen that a water body can receive from its watershed and still meet water quality goals; this number is based on MEP technical reports or Total Maximum Daily Load (TMDL) reports.

**Reduction target:** an approximation of the amount of nitrogen that needs to be removed from the watershed to achieve the threshold; this number is calculated by subtracting the threshold number from the attenuated total watershed load, and is for planning purposes only.

**Percent contribution:** the percent of attenuated nitrogen load that a town contributes to the watershed.

**Kilogram responsibility:** is calculated by applying the percent contribution to the reduction target and indicates the amount of nitrogen, in kg, that a community is responsible for addressing.

**Total Maximum Daily Load:** a regulatory term in the Clean Water Act, describing a value of the maximum amount of a pollutant that a body of water can receive while still meeting water quality standards. Establishing a TMDL is necessary when a water body has been listed on the 303D list of impaired waters.
Little Namskaket Creek is located in the Towns of Orleans and Brewster. According to the Massachusetts Estuaries Project (MEP), it is a saltwater dominated estuary and subject to significant tidal range (up to 9 feet); therefore, it retains little standing water during low tide. This creek serves as an important nursery for offshore fisheries, storm buffers, and nutrient sinks. The MEP has indicated that Little Namskaket Creek has capacity to assimilate additional nitrogen.

The Problem

The Massachusetts Estuaries Project (MEP) technical report (available at http://www.mass.gov/eea/agencies/massdep/water/watersheds/the-massachusetts-estuaries-project-and-reports.html) indicates that most areas within Little Namskaket Creek are supporting infauna habitat typical of organic rich New England salt creeks. Based upon all lines of evidence it appears that the estuary has not exceeded its threshold nitrogen level for assimilating additional nitrogen without impairment.

MEP TECHNICAL REPORT STATUS: Final
TMDL STATUS: TMDL Not Required

Watershed nitrogen load characteristics were published in the Draft 2007 MEP report for Little Namskaket Creek, reflecting current conditions at the time of writing:

- TOTAL ATTENUATED NITROGEN LOAD (MEP CHAPTER VIII): 2,815 Kg/Y
- SOURCES OF ATTENUATED WATERSHED NITROGEN LOAD:
  - 87% Septic Systems
  - 6% Fertilizer
  - 6% Stormwater from Impervious Surfaces
  - 1% Wastewater Treatment Facilities

Since the MEP report, the Commission compiled the following updated water use and nitrogen loads using the regional wMVP database, enabling a more current estimate of nitrogen loading (see figure on page 1 for watershed boundary delineation):

- TOTAL WASTEWATER FLOW: 24 MGY
  - Treated Wastewater Flow: 6 MGY
  - Septic Flow: 18 MGY
- TOTAL ATTENUATED NITROGEN LOAD (WMVP): 2,694 Kg/Y

CONTRIBUTING TOWNS

Percent contributions listed below are the aggregate sub-embayment contributions identified in Appendix 8C of the Cape Cod Section 208 Plan Update (contributions are based on attenuated load where available). See Appendix 8C for detailed town allocations by sub-embayment.

- ORLEANS: 99%
- BREWSTER: 1%

Under existing conditions, the load contributed by Brewster is so small that reductions are not necessary at this time; however, growth management measures should be taken to ensure that the contribution does not increase. Contributions will be reevaluated at least every five years, based on updated data.
THE MEP RESTORATION SCENARIO

- **WATERSHED TOTAL ATTENUATED NITROGEN REDUCTION TARGET:** -65%*
  - *Represents excess nitrogen capacity
- **WATERSHED SEPTIC REDUCTION TARGET:**
  - Watershed has excess nitrogen capacity
  - (The scenario represents the aggregated sub-embayment percent removal targets from the MEP technical report)

LITTLE NAMSKAKET CREEK ESTUARY

- **EMBAYMENT AREA:** 1.5 acres
- **EMBAYMENT VOLUME:** 1 million cubic feet
- **2014 INTEGRATED LIST STATUS:** Category 4a for fecal coliform
  - Category 4a: TMDL is completed
  - [www.mass.gov/eea/docs/dep/water/resources/07v5/14list2.pdf](http://www.mass.gov/eea/docs/dep/water/resources/07v5/14list2.pdf)

LITTLE NAMSKAKET CREEK WATERSHED

General watershed characteristics according to the current wMVP regional database (see figure on page 1 for watershed boundary) follow.

- **WATERSHED CHARACTERISTICS**
  - Acres: 483
  - Parcels: 311
  - % Developed Residential Parcels: 70%
  - Parcel Density: 1.5 acres per parcel (approx.)

Freshwater Sources

**PONDS**

- **IDENTIFIED SURFACE WATERS:** 8
- **NUMBER OF NAMED FRESHWATER PONDS:** 6
- **PONDS WITH PRELIMINARY TROPHIC CHARACTERIZATION:** 0
- **2014 INTEGRATED LIST LISTED FOR NUTRIENTS:** None listed

Brewster and Orleans have participated in the Pond and Lake Stewardship (PALS) program that has helped establish baseline water quality.

**STREAMS**

- **SIGNIFICANT FRESHWATER STREAM OUTLETS:** 1
  - Little Namskaket Creek:
    - Average Flow: 203 m³/d
    - Average Nitrate Concentrations: 0.54 mg/L

Stream data from MEP technical report. Nitrate concentrations higher than 0.05 mg/L background concentrations, evident in public supply wells located in pristine areas, provide evidence of the impact of non-point source pollution on the aquifer and receiving coastal water bodies.

**DRINKING WATER SOURCES**

- **WATER DISTRICTS:** 1
  - Orleans Water Department
- **GRAVEL PACKED WELLS:** 0
- **SMALL VOLUME WELLS:** 0

Drinking water data from Cape Cod Commission and MassDEP data sources.

Degree of Impairment and Areas of Need

Overall, the MEP technical report indicates that most areas within Little Namskaket Creek are supporting infauna habitat typical of organic rich New England salt marshes. Based upon all lines of evidence it appears that the estuary has not exceeded its threshold nitrogen level for assimilating additional nitrogen without impairment. However, the creek is listed on the 2014 Integrated List of Impaired Waters as category 4a waters for fecal coliform.
**Traditional & Non-Traditional Scenarios**

**SCENARIO DEVELOPMENT**

Through the 208 Stakeholder process, the Commission developed “bookend” scenarios – one looking at a possible solution using traditional collection and treatment, the other examining a possible suite of non-traditional technologies – to address the nitrogen management needs in each watershed. These bookend scenarios provide guidance for communities as they continue to discuss alternatives, priorities, and opportunities for identifying well-considered solutions that will address communities’ needs and interests.

**REGIONAL DATA**

In preparation for this effort, the Commission collected regionally consistent data for the purposes of watershed scenario development. Both parcel data and water use data was identified and collected for the entire region. While the scientific basis for planning is the thresholds identified in the MEP technical reports, each report uses data from different years, and in some cases the MEP data used are 10 or more years old. In addition, there are watersheds on Cape Cod without the benefit of an MEP report; therefore, similar data was not available for planning purposes.

The updated regional data set was used to estimate wastewater, stormwater and fertilizer loads, using the same methodologies as the MEP. This approach allows for a reevaluation of existing development, which may have changed in the last 10 years. Parcel data included in the regional database is from 2010-2012 and water use data is from 2008-2011, depending on the water supplier and based on best available data. This approach allows for regionally consistent watershed scenario development.

**WATERSHED SCENARIOS**

Watershed scenarios outline possibilities for the watershed. A series of non-traditional technologies that might be applicable, as well as the amount of residential load that would need to be collected if a traditional collection system and treatment facility was implemented are typically included in watershed reports. The scenarios presented are conceptual and are meant to inform discussions regarding effective and efficient solutions; they are not specific recommendations and should be viewed as resource information for additional and more detailed wastewater management planning.

The Little Namskaket Creek watershed has been identified by MEP as having excess nitrogen capacity. No nitrogen reduction is required at this time; therefore, no scenarios are presented. This will be reevaluated as regional data sets are updated.

<table>
<thead>
<tr>
<th>Nitrogen Sources</th>
<th>Total Attenuated Watershed Nitrogen Load (kg-N/yr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wastewater1</td>
<td>2,065</td>
</tr>
<tr>
<td>Fertilizer2</td>
<td>134</td>
</tr>
<tr>
<td>Stormwater</td>
<td>417</td>
</tr>
<tr>
<td>Other3</td>
<td>78</td>
</tr>
<tr>
<td><strong>TOTAL WATERSHED LOAD</strong></td>
<td><strong>2,694</strong></td>
</tr>
<tr>
<td><strong>Total Watershed Threshold</strong></td>
<td><strong>4,650</strong></td>
</tr>
<tr>
<td><strong>TOTAL ATTENUATED LOAD TO BE REMOVED4</strong></td>
<td><strong>-1,956</strong></td>
</tr>
</tbody>
</table>

1. Includes nitrogen loads from septic systems and wastewater treatment facilities.
2. Includes nitrogen loads from lawns, cranberry bogs, and golf courses.
3. Includes nitrogen loads from landfills and atmospheric deposition to vacant land.
4. The watershed currently has excess capacity and does not require nitrogen removal at this time.