

FOR IMMEDIATE RELEASE - **May 1, 2013**

INFORMATION FROM THE
CAPE COD COMMISSION
BARNSTABLE COUNTY



CAPE COD
COMMISSION

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www.capecodcommission.org/initiatives/bikeped

CCC Celebrates Bay State Bike Week May 11-19, 2013

Local Events Planned

BARNSTABLE COUNTY, MA -- The Cape Cod Commission will join regional and state-wide efforts to promote the use of bicycles as a transportation alternative to driving single-occupant vehicles during Bay State Bike Week, May 11 through 19, 2013. Local and regional activities are planned. Commission-sponsored events include:

"Two Barnstables" Ride

Tuesday, May 14, 2013

8:15 to 9:00 a.m.

Meet at the West Barnstable Village Green, north of Exit 5 on Route 149 in West Barnstable

Sponsored by the Cape Cod Commission

Join a 4.8-mile one-way ride from West Barnstable to Barnstable Village and meet other bike enthusiasts. Bike Week T-shirts and giveaways will be distributed (while supplies last).

Contact: Senior Transportation Engineer [Lev Malakhoff](mailto:Lev.Malakhoff@ccc.org), Cape Cod Commission, 508-744-1229

Hyannis Biker Breakfast

Friday, May 17, 2013

8:00 to 8:45 a.m.

Meet at the Hyannis Transportation Center

Sponsored by the Cape Cod Commission, the Cape Cod Regional Transit Authority, and MassBike

Bike commuters to Hyannis – start your day off right! Maps, schedules, and light refreshments/coffee will be available. Bike Week T-shirts and giveaways will be distributed (while supplies last).

Contact: Senior Transportation Engineer [Lev Malakhoff](#), Cape Cod Commission, 508-744-1229

A calendar, announcements, and information about this and other Cape Cod Commission bicycle and pedestrian planning initiatives are also available on the web site:

www.capecodcommission.org/initiatives/bikeped

From that site, interested persons can link to an online questionnaire about related issues on Cape Cod; answers will help the Commission further develop its Cape Cod Regional Bicycle and Pedestrian Plan, which facilitates the creation, expansion, and maintenance of a safe, comprehensive, and integrated bicycle and pedestrian system that serves recreational and transportation purposes. With the addition of safe and convenient facilities connecting to downtowns, beaches, work places, schools, transit, and other destinations, more people—Cape Cod residents and visitors alike—will be able to bike or walk to their destinations and leave the cars behind. An expanded bicycle/pedestrian network will also promote recognition of bicycles and walking as an essential component of the Cape's multi-modal transportation system and a means to reduce reliance on automobiles. Participating in the Commission's Bay State Bike Week events is one way to show support for these initiatives.

Additional Bike Week events being held on the Cape by other organizations are also posted on the Bay State Bike Week online calendar (www.baystatebikeweek.org/events). A drop-down menu on that site pinpoints events in specific areas of Massachusetts. Bay State Bike Week is supported in part by the Federal Highway Administration, the Massachusetts Department of Transportation, and MassBike.

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ABOUT THE CAPE COD COMMISSION:

Cape Cod Commission is the regional land use planning, economic development, and regulatory agency created in 1990 to serve the citizens and 15 towns that comprise Barnstable County, Massachusetts, better known as Cape Cod. The Commission works toward maintaining a healthy balance between economic progress and environmental vitality. "Keeping a special place special" describes the agency's mission to protect the region's unique qualities. The 19-member volunteer Cape Cod Commission board represents a wide spectrum of the community and provides oversight for a staff of 40 professionals. The Commission is responsible for regional planning, policy, and regulations to help manage growth, and the

agency supports the Cape's 15 towns with cost-effective planning and technical services. For more information, visit: www.capecodcommission.org